

WEEKLY NEWS ~ JUNE 3, 2022



June Presentations from the OSU Extension:

Mon Jun 13 in Coquille

The Fire Within OSU Extension Nutrition Presentation

6:30-7:30 pm in-person at Coquille SDA Better Living Center, 1051 N Cedar Point Rd, Coquille
Fight chronic inflammation and disease with simple dietary changes

Free event

Plant-based potluck begins at 6 pm. Bring a plant-based dish to share

Tue Jun 14 in Bandon

Arresting Alzheimer's OSU Extension Nutrition Presentation

6:30-7:30 pm in-person at Bandon Public Library, 1204 11th St, Bandon

This presentation was originally scheduled for Jun 7 but moved to Jun 14

Protect yourself from developing Alzheimer's and other dementia with simple steps and good nutrition. **Free event**

Sat Jun 18 in Bandon

Coastal Memory Walk, Alzheimer's fundraiser and fun walk

Bandon City Park opens at 8:30 am, walk kicks off at 9:30 am

Register online at <https://beav.es/weR>

First 100 registrants receive goodie backpack filled (and I mean FILLED) with fun stuff

Online registration \$30, in-person registration day of the event \$40.

Wed Jun 22 in Coos Bay

Arresting Alzheimer's OSU Extension Nutrition Presentation

6:00-7:00 pm in-person at Coos Bay SDA Better Living Center, 2175 Newmark Ave, CB

Protect yourself from developing Alzheimer's and other dementia with simple steps and good nutrition. **Free event.**

Rescheduled from May 25 to Jun 22

Thu Jun 23 in Coos Bay

Longevity and Health OSU Extension Nutrition Presentation

6:00-7:00 pm in-person at Coos Bay SDA Better Living Center, 2175 Newmark Ave, CB

Lessons from the Blue Zones for living a long, disability-free life. **Free event**

Rescheduled from May 26 to Jun 23

IN THE PEWS!

You will notice that in the envelope slots beside the hymnal and Bible racks are a welcome & prayer request sheet and offering envelopes available for your convenience. Both can be placed in the offering plate during the service.

PRAYER BEADS

Our prayer beads grew out of a Women's Retreat a few years back. The retreat participants created their own set of prayer beads. A few weeks later, a session was held where others could make prayer beads. Many of us were unaware of the Protestant use of prayer beads – it is a long-held practice! Using beads can help focus prayers. Now Kathy Whitwer keeps us supplied with prayer beads as part of her ministry to the church and community! Thanks to Kathy, the basket of prayer beads has been re-stocked. Please consider giving prayer beads as gifts – graduation, Father's Day, birthday, Wedding... any occasion, really! We have many colors and bead styles available – check them out in the basket in the office!

COFFEE HOUR COORDINATORS & TEAM MEMBERS NEEDED!

Greetings! We are in the process of reconstituting the pre-pandemic coffee hour teams based on who is still willing and able to participate. We have confirmed only two past team coordinators but looks like we may have enough individuals to set up eight to ten rotating teams depending on how many coordinators are willing to serve. If so, each team would probably serve once every couple months.

Since we currently have a single service at 10:00 we are thinking there is not a need to have a meal or treats that require a lot of preparation or dishes to clean afterwards. Light snacks and drinks should be enough and would keep setup and cleaning to a minimum.

If you are willing and able to **be on a team** or **coordinate one**, please let us know either by phoning to 541-756-425, or letting us know at church.

Richard & Kathy Whitwer

VOLUNTEERS NEEDED

As we continue to worship in person, we need volunteers for Sunday mornings! There are sign-up sheets in the Narthex for greeters, ushers, and readers. The Flower Chart is on the wall near the office. Please sign up to help as you are able.

PERSONAL PROTECTIVE EQUIPMENT AVAILABLE!

We have rapid tests for Covid 19, masks, and hand sanitizer. If you need any of these things at home or for another group you are part of, please let the church office know.

COMMUNITY INFORMATION

The office has received updated community information on a number of topics, including legal aid, housing options, AA and NA meetings, and low cost cell phone service. If you or someone you know could use this info, stop by or call the office to get the updates!

OFFICE PUBLICATION DEADLINES

As we continue to worship in person and return to in-person activities, there are adjustments being made in bulletins and other communication pieces that are developed in the office. Going forward, announcements for the following Sunday's bulletin must be to the office no later than 9 am Tuesday morning. Items for the Weekly News need to be to the office by noon on Thursdays, and Newsletter articles/submissions need to be in by 9 am on the 23rd of each month.

COVID-19 POLICY

*The use of masks is optional in the church. We will have Coffee Hour/Fellowship Time after the church service for those who wish to stay.

*We will continue social distancing.

*The Council recommends that if someone is sick or having symptoms of any kind, that they please stay home and participate via Zoom, Facebook, or YouTube out of respect for others in the church

*We continue to encourage vaccinations/boosters.

APRIL 26, 2022. This policy continues as of May 24, 2022

LAST WEEK'S ATTENDANCE: 38 in person, 20 online
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FROM THE SYNOD:

Do you want or need to discern something? Join with others from across the Oregon Synod this June to explore practices of discernment in solitude and community. We'll meet on Zoom from 6:30-8 pm (Pacific Time) for four Tuesday evenings: June 7, 14, 21, and 28. We'll be invited to orient ourselves internally with our belovedness and enter into discernment and community dialogue from that place asking the questions: How do we listen to our own voice? What do we find trustworthy in the external world? To what do we attribute authority and wisdom? Where is God in all of this? What are signs of healthy discernment? And how might we support that for one another in community and congregations? [Register here.](#)

FROM CAMP LUTHERWOOD:

Staff Needed!

We are looking for applicants who are:

- at least 18 years old
- fully COVID vaccinated
- available beginning June 15
- want to have a great summer and join our amazing summer staff team!

Anyone interested can email jobs@lutherwoodoregon.org to begin the application process.

Women's Retreat features Kathleen Kerr from Eugene for a wonderful weekend of rest, relaxation and learning together as she shares about the Creeds. Save the date for July 29-31, and sign up now to save your spot! Cost is \$125 per person. Visit lutherwoodoregon.org/camp for more details.

Great Big Awesome Work Day Party: Saturday, June 4! Bring a friend or a future camper and help get camp ready for another summer of memories and fun. Join the fun and volunteer from 10am-3pm, plus lunch is provided. RSVP to office@lutherwoodoregon.org to let us know you're coming!

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**STEWARDSHIP IS...** Remaining faithful in giving year round.

Church ministry and outreach do not take a vacation in the summer!

Please remember to continue giving even if you are on vacation.